

Fresh Fruit and Vegetable Program

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to students in participating elementary schools (K-6) during the school day.

The goal of the FFVP is to improve children's overall diet and create healthier eating habits to impact their present and future health. The FFVP will help schools create healthier school environments by providing healthier food choices; expanding the variety of fruits and vegetables children experience; and increasing children's fruit and vegetable consumption.


The FFVP Program

The Fresh Fruit and Vegetable Program (FFVP) began as the Fresh Fruit and Vegetable Pilot Program which was authorized by Congress under the Farm Security and Rural Investment Act of 2002. This pilot program was implemented in four states and one Indian Tribal Organization, and aimed to determine the best practices for increasing fruit and vegetable consumption in schools. Due to an overwhelmingly positive response to the pilot program, the Child Nutrition and WIC Re-authorization Act of 2004 expanded it to four more states (including Pennsylvania), South Dakota's Pine Ridge Reservation and Arizona's Tribal Council. Under the Food, Conservation and Energy Act of 2008, the FFVP was established as a permanent program and was expanded nationwide. The FFVP is currently in selected schools in all 50 states, the District of Columbia, and the territories of Guam, Puerto Rico and the Virgin Islands.

Please see below for a sample FFVP Menu from the 18-19 School Year.

If you are interested in receiving an email with our monthly FFVP and Nutrition Education Sheets, please email our Food Service Director , Jaclyn Sliwinski - Jaclyns@icswest.org

February 2019 - INDEPENDENCE CHARTER

Monday	Tuesday	Wednesday	Thursday	Friday
				31 SCHOOL CLOSED
3	4 Delivery	5 #90553 Kiwi Quartered 30ct 1 tray / classroom	6 #90084 Squash Yellow 2# 1 tray/classroom	7 #90409 Red Pears 30ct 1 bag/classroom
10	11 Delivery	12 #90018 Red Peppers 2# 1 tray/classroom	13 #90015 Strawberries Trimmed 30ct 1 bag/classroom Happy Valentines Day! 	14 #90177 Baby Arugula 1# 1 bag/classroom
17 SCHOOL CLOSED	18 Delivery	19 #90105 Honeydew Chunks 2# 1 tray/classroom	20 #90397 Vine Ripe Tomato Wedges 30ct 1 tray/classroom	21 #80063 Local Empire Apples 30ct 1 bag/classroom
24	26 Delivery	27 #90127 Grapes White Seedless 2# 1 tray/classroom	28 #90066 Carrots Coin Cut 2# 1 tray / classroom	

#4376 INDEPENDENCE CHARTER 20 CLASSROOMS / 527 STUDENTS

DELIVERY- TUESDAY

SERVE - WEDNESDAY, THURSDAY & FRIDAY